



Potato Corn Chowder

INGREDIENTS

1 10-12 oz. bag frozen mirepoix mix (diced carrots, celery, and onion)
1 28 oz. bag frozen Potatoes O'Brien (cubed potatoes)
4 cups veggie broth
2 cups soy milk
1 1/2 cups frozen or canned corn
1/4 cup Nooch
1 tablespoon garlic powder
2 teaspoons dried parsley
2 teaspoons dried chives
1 teaspoon dried tarragon
1/2 teaspoon paprika

METHOD

Add all of the ingredients to a big soup pot, heat to a boil, reduce the heat and let simmer for a few minutes and enjoy!

You can cook this one for 5 minutes or 30 minutes, it doesn't matter. Feel free to swap any ingredient or flavoring with whatever you like. The point here is the process—so, so simple!